

JENNIFER HUDSON
**START AT THE
FINISH TO HIT
BETTER PITCHES**



A time-honored way to improve rhythm, tempo and sequencing

in your swing is by starting in the follow-through position instead of at address. It's a great drill, which is why I love it for pitching, too. Many amateurs decelerate when pitching or make a short, jabby swing.

To hit better pitches, start in a follow-through position with the shaft of the wedge pointing at the target (*top left*). Then, take the club back until the shaft is roughly parallel to the ground (*top right*) before swinging down, getting the club back in the same position it was in when you started (*bottom right*).

HUDSON, 36, is the director of instruction at Sankaty Head Golf Club in Siasconset, Mass.

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